Project Charmity Challenge

Here's how it works:

1. Print sheets
2. Cut on dotted lines
3. Fold papers in half and put them in a bowl or hat
4. Pick one challenge out randomly per day for 7 days
5. Perform the challenge
6. Share your experience with us on our Facebook page

#projectcharmity or #charmitychallenge

Connect and share with us:

Find us on Facebook

facebook.com/projectcharmity

connect@projectcharmity.com

instagram.com/projectcharmity

twitter.com/projectcharmity

Charmity Challenge WILDCARD:

Project CHARMITY

Create your own challenge. Share it on social media using the hashtags #projectcharmity and #charmitychallenge.

Join the Project Charmity Challenge at **projectcharmity.com**

Project CHARMITY

Charmity Challenge 1:

Select the most generous person you know on your social media site and tag them in a post that celebrates their generosity. Use the hashtags #projectcharmity and #charmitychallenge.

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Charmity Challenge 2:

Find 5 items around the house to donate to a nearby thrift store or charity and drop them off today.

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Charmity Challenge 3:

Call or visit a family member/friend you haven't seen in a while. Spend 5 minutes reconnecting and tell them one thing you admire about them.

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Charmity Challenge 4:

Tip $5 to someone who normally doesn't receive tips who makes your life better (cashier, janitor, etc.) and pay them a compliment.

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Charmity Challenge 5:

Ask to speak with the manager when you receive great service today. It will make both the manager and the employee feel fantastic!

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Charmity Challenge 6:

Notice a well behaved or kind child. Compliment the parent in front of them and watch both of them beam with pride!

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Charmity Challenge 7:

Pick one special person in your life. Write them a short note on paper to let them know how much you appreciate them.

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Charmity Challenge 8:

Introduce yourself and get the name of someone you see on a regular basis. Strike up a conversation and find out something interesting about them.

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Charmity Challenge 9:

Buy a $5 coffeehouse gift card and give it to the next service member/first responder you see (either police, firefighter, military personnel, etc.).

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Charmity Challenge 10:

Pack a small blessing bag(toiletries, snacks , water) in your car and give it to the next person in need you see.

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